



“social change through the art of **movement.**”

## Move This World Professional Development Program

Teachers and administrators trained in Move This World’s multi-step professional development program explore self-efficacy in themselves, learn tools to build their school community and incorporate these tools into daily curriculum.

### FOCUS ON SELF

1. Increased self-awareness and self-management skills
2. Increased understanding and application of intersections of self-awareness and self-management in life and work
3. Increased emotional resilience, self-efficacy, empathy, and leadership skills

Through the process of exploring self, teachers and administrators deliberate and define their school culture in order to build community



### CREATE COMMUNITY

1. Applied tools for establishing, building, and maintaining a safe space both physically and emotionally
2. Increased cohesion and effective communication through emotional competency, identification of shared values and differences, naming, and non-judgment
3. Increased confidence to lead by example, instill courage, and enable action in order to normalize a climate of empathetic leadership

To sustain the desired school culture, school leaders connect conflict transformation skills to the core curriculum and everyday instruction



### SUSTAINED APPLICATION

1. Learned strategies to engage youth in positive behavior management techniques
2. Increased ability to positively manage conflict
3. Ability to develop and apply a personalized action plan for utilizing a creative framework for social and emotional learning



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As a result of skills learned through Move This World’s professional development programs, schools cultivate a safe space, lead by example and develop emotional competencies. Schools **sustain the impact** through the following below:

- Identifying shared values and differences with a safe space and open conversations
- Instilling courage and enabling action via Global Action Projects, school-wide initiatives and community-wide advocacy through City-wide GAP day and Global Summit
- Creating a climate of empathetic leadership and encouraging others to take bold action to become school leaders

When application is sustained, Move This World’s professional development program produces **systemic community and climate outcomes.**

- Increase in educator, student, and parent engagement and morale as a result of a safe and supportive culture
- Increase in teacher retention and student attendance as a result of strengthened self-worth, empathetic leadership, and creative engagement
- Decrease in suspensions and incidents of conflict as a result of emotional resilience, management, and effective communication skills